

Power to Kids Out of Home Care

Professional Learning for Carers



Strengthening prevention and responses to child sexual exploitation, harmful sexual behaviours and dating violence.



Why we need Power to Kids

Despite accounting for only 5% of all children in care, children in residential care account for 33% of child sexual exploitation reports on children in care in Australia (Royal Commission, 2016).



1 in 4 Australians have experienced child sexual abuse

(ACMS, 2023)

Prevention and early intervention are critical.

Power to Kids supports carers with the knowledge and practical skills to create safe spaces for brave conversations with young people on key sexual health and safety topics.

Power to Kids was developed in partnership with the University of Melbourne to address recommendations made by the Royal Commission into Institutional Responses to Child Sexual Abuse.



Find out more, or register your interest by contacting us

 powertokids@mackillop.org.au

 mackillopinstitute.org.au

Scan the QR code to learn how Power to Kids can partner with your organisation



"We should be doing everything we can to stop [Child Sexual Exploitation]. That's why we've recommended Power to Kids be rolled out to all residential care houses."

Liana Buchanan, Principal Commissioner for Children and Young People

Power to Kids in Action



Evidence-based training

Informed by contemporary research and trauma-informed practice, Power to Kids equips carers with the knowledge, skills and confidence to prevent, identify, and respond to child sexual abuse.



Practical tools and strategies

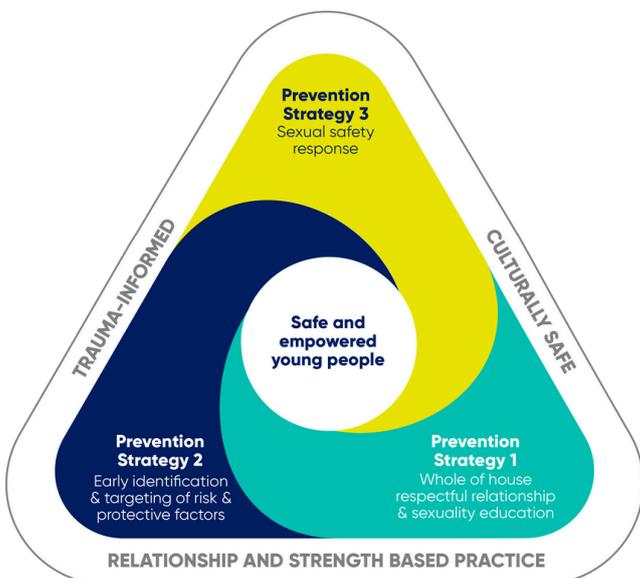
Developed by residential care professionals and informed by young people in care, Power to Kids includes a suite of strategies, resources and practical tools to ensure the learning can be immediately applied with confidence.



Strengthening cultures of safety

Power to Kids partners with organisations to ensure the program is aligned with existing practice frameworks and supports organisations to embed the program in policies, procedure and practice.

Power to Kids Whole-of-House Approach



Learning Outcomes

- Increased knowledge of harmful sexual behaviour, child sexual exploitation & dating violence.
- Enhanced capacity to identify, intervene & respond to harmful sexual behaviour, child sexual exploitation & dating violence.
- Increased confidence and competence to have sexual safety conversations with children & young people.

Course Topics

- ✓ Identifying and responding to child sexual exploitation, harmful sexual behaviour and dating violence
- ✓ Building confidence and efficacy to have conversations with children about sexual safety
- ✓ Increase knowledge and awareness across key sexual safety and respectful relationships topics:
 - Rights of children and young people
 - Embedding culture into practice
 - Gender and diversity
 - Sexual health
 - Sexual behaviours
 - Respectful relationships and love
 - Consent and age
 - Grooming and child sexual abuse
 - Disclosure and informed friends
 - Online safety and pornography



Participants reported improved confidence and knowledge



Partner Organisations



Australian professionals trained



Young people impacted



MacKillop Family Services acknowledges the Traditional Custodians and Elders of the Communities we serve. As a Rainbow Tick organisation, MacKillop values an inclusive culture where LGBTQIA+ people are safe.

mackillopinstitute.org.au